



September 5th, 2025

Dear Arnold H McLeod School Families,

When students are well-fed, they can concentrate better in class, leading to improved academic performance. Free or reduced-cost school food programs (breakfast programs, school lunch programs, snacks) have a far-reaching positive impact on all students. These programs not only ensure that all students have access to nutritious meals, but they also contribute to a healthier and more inclusive school environment. When students are fed, educators can foster a more peaceful atmosphere, more conducive to learning. Additionally, free or reduced-cost school food programs help break down socioeconomic barriers, promoting empathy and understanding among students from diverse backgrounds. Ultimately, by promoting physical and emotional well-being, free or reduced-cost school lunch programs create a more equitable and harmonious educational experience that benefits all students.

Arnold H McLeod School is proud to be continuing our reduced-cost school lunch program. AHM students will be able to continue to purchase a hot lunch from the cafeteria each day for \$3.25.

Each day you will find one meal selection and one alternate meal. These are the only two options. Please see the menu for the 2025-2026 school year attached to this letter.

Lunch will officially begin on **Monday, September 8th, 2025.**

Please use <https://www.chartwellsk12.ca/>. Chartwells Eats is launching our September lunch menu through a brand-new ordering platform; Chartwells Eats! Please refer to the attached Chartwell Eats Flyer for more information.

We are excited to continue to offer this opportunity to AHM families. If you have any questions, please contact Chartwells staff at 506-856-3393.

Sheila Johnston
Principal
Arnold H McLeod School