



October 4<sup>th</sup>, 2024

Dear Arnold H McLeod School Families,

When students are well-fed, they can concentrate better in class, leading to improved academic performance. Free or reduced-cost school food programs (breakfast programs, school lunch programs, snacks) have a far-reaching positive impact on all students. These programs not only ensure that all students have access to nutritious meals, but they also contribute to a healthier and more inclusive school environment. When students are fed, educators can foster a more peaceful atmosphere, more conducive to learning. Additionally, free or reduced-cost school food programs help break down socioeconomic barriers, promoting empathy and understanding among students from diverse backgrounds. Ultimately, by promoting physical and emotional well-being, free or reduced-cost school lunch programs create a more equitable and harmonious educational experience that benefits all students.

Arnold H McLeod School, in partnership with Anglophone East School District and Chartwells Canada, is proud to be continuing our reduced-cost school lunch program. AHM students will be able to purchase a hot lunch from the cafeteria each day for \$3.25. The menu is attached to this message, and each day includes a main course, a side dish, a beverage, and some fruit. For example, chicken snack wrap and salad, fruit, and choice of milk.

Each day you will find one meal selection and one alternate meal. These are the only two options.

The program will officially begin on **Monday, October 7th**. Please use <https://www.chartwellsk12.com> or download the Nutrislice App to order. Order monthly, weekly, or daily before 8:00 a.m. Currently, only online orders are accepted and are due by 8:00 a.m. Cancellations must also be made daily by 8:00 a.m.

Please note that meals are the only item sold in the cafeteria and must be pre-ordered. Individual items such as milk are not available to buy separately at this time.

We are excited to continue to offer this opportunity to AHM families. If you have any questions, please contact Chartwells staff at 506-856-3393.

Sincerely,

Sheila Johnston

Principal, Arnold H McLeod School