

September 25, 2023

Dear Arnold H McLeod School Families,

When students are well-fed, they can concentrate better in class, leading to improved academic performance. Free or reduced cost school food (breakfast programs, school lunch programs, snacks) programs have a far-reaching positive impact on all students. These programs not only ensure all students have access to nutritious meals, they also contribute to a healthier and more inclusive school environment. When students are fed, educators can foster a more peaceful and an atmosphere more conducive to learning. Additionally, free, or reduced cost school food programs help break down socioeconomic barriers, promoting empathy and understanding among students from diverse backgrounds. Ultimately, by promoting physical and emotional well-being, free or reduced school lunch programs create a more equitable and harmonious educational experience that benefits all students.

Arnold H McLeod School, in partnership with Chartwells Canada, is proud to be launching our reduced cost school lunch program. AHM students will be able to purchase a hot lunch from the cafeteria each day for \$3. The menu is attached to this message and each day includes a main course, a side dish, a beverage, and some fruit. Ex: chicken snack wrap and salad, fruit, and choice of milk.

Each day you will find one meal selection and one alternate meal. There are the only two options.

The program will officially begin on Tuesday, October 3<sup>rd</sup>, please use <https://www.chartwellsk12.com> Or download the Nutrislice App to order. Order monthly, weekly, or daily before 8:00 a.m. Currently, only online orders are accepted and are due by 8:00 a.m. Cancellations also must be made daily by 8:00 a.m.

Please note meals are the only item sold in the cafeteria and must be pre-ordered. Individual items such as milk are not available to buy separately at this time.

We are excited to offer this opportunity to AHM families. This is a one -year pilot project. If you have any questions, please contact Chartwells staff at 506-856-3393.

Sincerely,

Angela MacNeil  
Principal, Arnold H McLeod School